

how to dress on the day

The way you dress on the day will be dependent on your chosen activity or event; however, first and foremost we want you be comfortable in your chosen attire, therefore the onus will be on you and/or your group. For example though, if you are volunteering with kids painting or drawing, you would want to wear clothing that you don't mind spilling paint on. If you are doing an outside activity like running around or even an indoor activity like dancing– you would want to wear sport clothing and the right footwear. So as you see, what you wear will depend on the event; just remember comfort and appropriateness and you'll be fine!