

## How your school can participate...

Participating in Sewa Day is simple to take part all your school needs to do:

- Register your school at [www.sewaday.org](http://www.sewaday.org)
- Download & use the learning resources created by the Sewa Day team
- Organise & encourage your pupils to take part in a project
- Provide feedback & apply for the Sewa Pioneers Award by recording what you did. There's a great awards ceremony that takes place in Spring each year that finalists are invited to.

Sewa Day takes place in October every year, schools taking part will generally have a week of activities in the 1st week of October culminating with an assembly to celebrate their achievements in the week.

## Participating is split in to:

### Education

Through utilising lesson plans created by the Sewa Day team (based on famous figures that have demonstrated the principle of Sewa – e.g Nelson Mandela, Mahatma Gandhi) and holding assemblies based on the packs created pupils can learn about the importance of Sewa.



### Projects

Through projects organised in your school pupils get hands on experience of performing a selfless act. Sewa Day provides example projects that can be easily implemented.

Support materials including lesson plans, project templates, PR guides and certificates for children have been created and can be accessed to help your school take part.



## Sewa Day Schools Information Guide

[www.sewaday.org](http://www.sewaday.org)



[schools@sewaday.org](mailto:schools@sewaday.org)  
[www.sewaday.org](http://www.sewaday.org)

 /SewaDaySchools

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Sewa Day is a registered charity (No: 1146848)



Bring some joy... to those who have little



Help relieve hardship and poverty



Join hundreds of other schools around the world taking part in Sewa Day...

## What is Sewa Day?

**Sewa Day is a volunteering initiative that encourages schools and pupils to reach out in to their local community and be the change.**

Sewa literally means selfless service in several languages. Sewa Day is different from other initiatives and charity days as there is no fundraising involved on Sewa Day – it is about giving something more important – time!

Schools participating can teach pupils the importance of selfless service and doing a good deed without wanting something in return through education activities and more importantly organising projects that either:

Help relieve hardship and poverty



Bring some joy... to those who have little



Help the environment



Schools that have participated in Sewa Day have described the impact on pupils as the primary benefit – with a lasting impact on behaviour. Other benefits include:

- Great platform for educating pupils and to help them make a difference in our local communities.
- Fits into the SMSC and PSHE evaluation criteria that Ofsted sets.
- Provides a platform for building relationships within the local community
- Can act as an umbrella for existing initiatives and activities within the school as part of a wider global movement.



Help the environment



Examples of some great projects organised by schools last year include:

- Pupils from Sherfield School in Basingstoke visiting a school for children with severe learning disabilities and performing a concert
- Barham Primary school in Wembley performing a play at their local nursing home and collecting clothes for the local hospice.
- Pupils at the Wellington Academy in Dubai baking cakes and making refreshments for those in need.

“Treat every day as if it were Sewa Day and never do a selfish act”

**Kai McCormack Aged 9, Pupil at Barham Primary School**