

Volunteers for faith communities join together as part of special Sewa Day

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Help: Sewa Day volunteers Hurrit Singh, Sharen Ravat, Kartar Singh Bring, Chelsea Bennett, Jakob Whiten and Bharti Acharya at the Sanatan Manavta Day Centre in Belgrave, Leicester

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Volunteers from faith communities gathered to celebrate a special day of service to needy people.

They took part in Sewa Day on October 2, which aims to encourage people to sacrifice their time and resources for the benefit of others without wanting anything in return.

Volunteers from the St Philip's Centre, in Evington, joined members of the city's Buddhist, Hindu, Jain and Sikh communities for an event called Talk over Tea at the Sanatan Manavta Day Centre, in Belgrave.

The event aimed to support some of society's most isolated and vulnerable individuals and,

at the same time, help to build bridges between people of different backgrounds.

It included food, entertainment and arts and crafts.

Volunteers provided a tea, coffee, Indian sweets and snacks and fruit and demonstrated cultural musical instruments, such as dhol and tabla.

Riaz Ravat, from St Philip's Centre, said: "Sewa Day is a wonderful time of the year when the spirit of selfless service is clearly demonstrable."

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